How to Read This Card:

For about a week (Monday, Oct. 28 – Sunday, Nov. 3), I kept track of the amount of coffee that I drink daily. Surprise! It was a quite a bit.

x-axis: Days of the Week (Monday-Sunday)

y-axis: the amount of coffee per cup (beverage size varied)

Monday: 3­ │ Tuesday: 2­ │ Wednesday: 2 │ Thursday: 1 │ Friday: 2 │ Saturday: 2 │ Sunday: 1

I would say that this represents an average amount of coffee I drink in about a week, or about 1.8 cups per day.